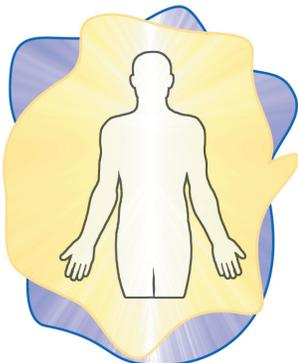


ABOUT THE CELLULAR MEMORY

THE CELLULAR MEMORY IS A COMPLETE, INTELLIGENT, INTEGRATED, AND INDIVIDUAL HOLOGRAM

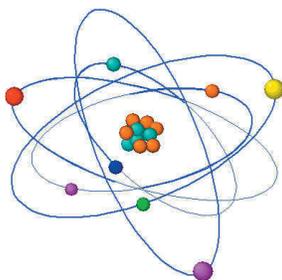
(1) We are holistic beings; not a sum of the parts. The words "mind", "body" and "spirit" are artificial labels that exist to make it easier to comprehend our multidimensional existence on earth.

(2) Each point within our cellular hologram contains all the information of the whole. The complete blueprint for your existence is contained and is infinitely accessible in each and every cell of our body.



(3) The "body" can only be healed if "mind" and "spirit" are also treated. It is very important to access the totality of information.

THE CELLULAR MEMORY IS AN ENERGY FIELD CHARGED WITH INFORMATION. IT IS INFO-ENERGY!



If you magnify your cells down to your atoms, you would see that you are made up of subtle bundles of "info-energy". As quantum physics has discovered, the basic building blocks of matter are light and sound. Our bodies are patterns of energy layered together in a tightly woven fabric of vibration.

THE PAIN BODY

Energy contractions in the cellular memory is the make up of the pain body. Unconscious patterns that are hurting us feed the pain body and keep it unknown to us. The pain body power is sometimes obvious (rage), subtle (annoyance), tricky (sarcasm), or hidden (depression). When it comes out, it always creates more pain in the cells.

When we transform these unconscious, repetitive patterns, our cells begin to release the contractions, and we return to experiencing and living from the place of our original design - the light body.

This transformation may require us to open up and release suppressed energies in us. We call this process, PBR-Pain Body Release.

A quick list of how to recognize the pain body

- * When something insignificant stimulates an enormous reaction.
- * When there are uncomfortable feelings/sensations inside like: a turbulence, a constriction, a hole or emptiness, heaviness, heat, dizziness, a stabbing feeling, a ball in the throat, burning, etc..
- * It is addictive. When it takes us over, the last thing we want is peace. We want to complain, criticize or defend.
- * The pain body attracts the "drama" in our life. The majority of our relationships are built on a "drama" foundation.

To learn more about the pain body, go to www.cellularmemory.org

CELLS ARE THE BUILDING BLOCKS OF THIS HOLOGRAM

Our bodies are simply 75 trillion cells. Cells grow, multiply and differentiate giving form to the body. It takes 2 years for our cells to regenerate our body entirely. Cells are the building blocks of our "body-mind-spirit" hologram. The hologram forms our bodies at all levels to become the vehicle for our existential experience in this lifetime.

ALL CELLS ARE ESSENTIALLY THE SAME



If we were able to de-program the cells from their ability to differentiate into the different organs cells (what we call biochemical predisposition), they would revert to their original state... where they are capable of becoming anything.

THEY WERE DESIGNED FOR GROWTH OR PROTECTION

Science show that cells have two modes of behavior - to grow, or to protect. **Growth creates an expansion** while **Protection creates a contraction**. They each do so for their own good reason, but when our minds constantly believe we are in danger or something is wrong, protection kicks in. This "fight or flight" response in the body disables our immune system and creates stress, leaving a toxic residue on the body.

CELLS HOLD PHYSICAL, MENTAL & EMOTIONAL INFORMATION

Slim body type
Blue eyes
Diabetes



PHYSICAL

good with numbers
artistic
bad memory



MENTAL

Anxiety
Happiness
Frustration



EMOTIONAL

Modern science teaches that our cells contain DNA which is the genetic "blueprint" for the complete design of our physical body. But, cells also hold the blueprint for our mental, emotional, and spiritual state. Our cells retain our life experiences - "good or bad", comfortable or uncomfortable - as well as the memories of your ancestral lineage.

The information is stored as a pattern of energy that vibrates within our cellular energy field. Some information creates a growth state of well-being while the rest of the information creates a protection state of stress in the body.

BEHIND THE INFORMATION IS THE MEMORY



If the feeling is of anxiety, we begin by exploring the original memories that are the roots of the anxiety. There we can uncover the connections for why the body held on to it. As memories unfold through a conscious allowing process of presence, the body can finally transform and release the anxiety. Any other emotions - guilt, depression, sadness, shame, anger, etc. - are handled the same way.

THE MEMORY HAS A RESONANCE

The memory's electromagnetic frequency affects all the cells. When the memory is triggered, the cells respond by generating a feeling, sensation or movement inside that matches the memory's vibration. The resonance of the memory is always there even when the memory is not active. And, as long as it remains intact, it hangs in the background and acts like a magnet; waiting to attract similar life situations.

HOW THE MEMORY IN OUR CELLS AFFECT OUR PERCEPTION

1

A LIFE EXPERIENCE IS HAPPENING

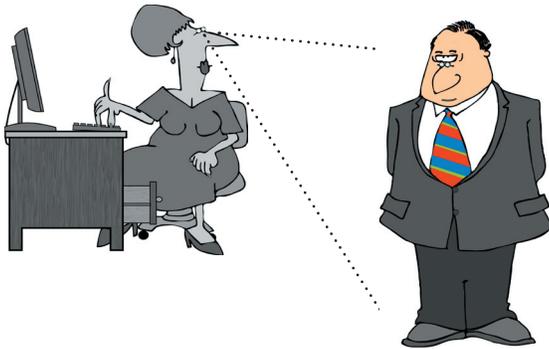
MIND

WHEN WE OBSERVE IT

Our perception **is not conditioned** by memories.
Like a camera, we can only be in the moment.



This is what a camera lens would see. No interpretation, no bias, no judgment.

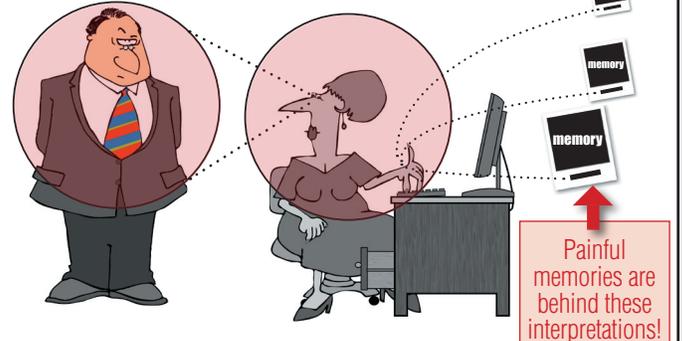


WHEN WE INTERPRET IT

Our perception **is conditioned** by the memory and the beliefs from the past: childhood, pregnancy, moment of birth, or ancestral. Like a filter on a camera's lens, our perception "filters" reality into an interpretation based on cell memory.



A filter based on past memory creates the interpretation.



2

IT PRODUCES A REACTION INSIDE OUR BODY

WELL-BEING

(a) **GROWTH**
a "comfortable" state that creates a **positive** emotional charge in the body.

+ PEC

An expansive, healing energy field surrounds all the cells...

if it "feels good" **WE ALLOW IT.**
Our bodies process fully and no residue is created.



How?

recent research shows that the cells are designed to do 2 main processes:

GROWTH
or
PROTECTION

Both of these processes create feelings. These feelings generate a **resonance** that our cells bathe in and absorb day in and day out.

AND THIS ENERGY FIELD IS WHAT ATTRACTS OUR LIFE

(b) **PROTECTION**
an "uncomfortable" state that creates a **negative** emotional charge in the body.

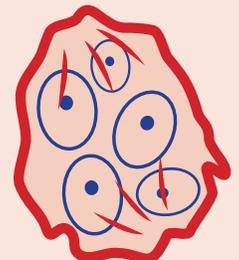
- NEC

if it "feels bad" **WE RESIST IT.**
Contraction happens and we store the resonances in our bodies

STRESS

A contracted, toxic energy field that matches the **resonance** of the triggered cell memory surrounds the cells.

FEAR
resonance



3